

SIGNATURE WELLNESS CONTINUITY REPORT

Non-Clinical Health Management Summary
Client Wellness Record for Continuity Between Clinical Visits



Client Name:
Michelle Williams



Client ID:
CV-SAMPLE-0001



Reporting Period:
January 2026



Reporting Date Range:
January 1 – 31, 2026



Date Issued:
February 3, 2026



Prepared By:
CaribVitals Health Ltd

CaribVitals Health Ltd.
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ABOUT THIS REPORT & CONTENTS

ABOUT THIS REPORT

Purpose of This Report

The *Signature Wellness Report* is a comprehensive wellness report designed to transform documented wellness information into meaningful continuity intelligence over time.

The information contained in this report is compiled from information provided by the client, caregivers or family members responsible for the client (where applicable), healthcare-related documents supplied to CaribVitals, wellness tracking records, appointment records and other information maintained as part of the continuity process.

By organizing health information, wellness participation, medication continuity, appointments, symptoms, recorded vital signs and documented changes, this report helps preserve a structured history of your wellness journey between healthcare visits.

The report is intended to support continuity, organization, wellness awareness and communication by presenting information in a clear and accessible format.

This report does not provide medical advice, diagnosis, treatment recommendations, or clinical interpretation. Information presented in this report is reported, documented or compiled from available records and has not been independently verified by CaribVitals. Healthcare decisions should always be made in consultation with a qualified healthcare professional.

How to Use This Report

For Clients:

Your health journey is made up of hundreds of small moments - appointments attended, medications taken, symptoms experienced, wellness goals achieved and important health events that occur between visits.

Unfortunately, many of these details are forgotten in between and over time.

This report helps preserve those moments by organizing them into a structured wellness history that can be reviewed, shared and built upon over time. The more consistently you participate, the more valuable your continuity history becomes, providing greater visibility into your wellness journey and helping ensure that efforts are not lost between visits.

For Caregivers & Family Members:

Caring for a loved one often means helping to manage a large amount of information across multiple appointments, providers, medications, and health events. Important details can easily be forgotten, misplaced or become difficult to communicate over time.

This report provides a structured and organized record of your loved one's wellness journey, helping to stay informed, better prepared for appointments and more confident when supporting healthcare discussions. By preserving important information in one place, the report can help reduce the stress of trying to remember everything while supporting continuity of care over time.

This report also provides visibility into participation, wellness updates, medication continuity, appointments and significant health events allowing caregivers and family members to better understand and support their loved one's wellness journey.

For Healthcare Providers:

Meaningful health information is often generated between appointments, through medication changes, symptoms, wellness observations, healthcare interactions and other health-related events. However, these details are frequently fragmented, forgotten or unavailable during Consultations.

The *Signature Wellness Report* is designed to help organize and preserve documented wellness information over time, transforming continuity records into a structured and accessible summary. By presenting key information, trends, participation history, medication continuity, recorded vital signs and longitudinal observations in a single report, healthcare providers may gain additional context regarding the client's documented wellness journey between visits.

Healthcare providers may begin with the *Doctor Quick Review Summary* for a concise overview of the most important information contained within the report.

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DOCTOR QUICK REVIEW SUMMARY (Non-Clinical Overview)

STRUCTURED SUMMARY FOR QUICK REFERENCE DURING CONSULTATION

CLIENT OVERVIEW



NAME: Michelle Williams



CLIENT ID: CV-SAMPLE-0001



DATE OF BIRTH: 14 March 1959
AGE: 67



GENDER: Female



REPORTING PERIOD:
January 2026

Last Wellness Entry:
January 30, 2026

Last Vitals Entry:
January 31, 2026



DECLARED CONDITIONS

Hypertension
Type 2 Diabetes
High Cholesterol



CURRENT MEDICATIONS

Metformin 500mg – Twice Daily
Amlodipine 5mg – Once Daily
Atorvastatin 20mg - Nightly



ALLERGIES

Penicillin

VITALS SNAPSHOT For Reported Period

BLOOD PRESSURE (mmHg)	WEIGHT (lbs)	HEART RATE (bpm)	GLUCOSE (mmol/L)	OXYGEN (SpO2)
Avg: 128/82 Range: 118/76 – 142/88 High: 142/88 Low: 118/76	Avg: 168 Range: 165-172 High: 172 Low: 165	Avg: 74 Range: 68-86 High: 86 Low: 68	Avg: 7.1 Range: 5.8 – 8.6 High: 8.6 Low: 5.8	Avg: 98% Range: 96% -99% High: 99% Low: 96%



RECENT CARE EVENTS

Routine Diabetes Follow-Up completed: January 8, 2026
General Practitioner review completed: January 15th, 2026
Medication Adherence review completed: January 15, 2026
Laboratory blood work completed: January 20 2026



CARE PROVIDER

Dr Anita Richards – General Practitioner
Diabetes Clinic – Quarterly Review



KEY OBSERVATIONS (NON-CLINICAL)

Client demonstrated consistent participation throughout the reporting period.
Medication adherence records indicate 2 missed doses during the reporting period.
No hospitalizations were reported during the reporting period.

VITALS SUMMARY

Trend Overview for Reporting Period



This section summarizes recorded vital signs during the reporting period and provides a structured record of documented entries over time.

WEEK ENDING	BLOOD PRESSURE (mmHg)	HEART RATE (bpm)	GLUCOSE (mmol/L)	WEIGHT (lbs)	TEMPERATURE (°F)	OXYGEN (SpO2%)
Jan 03 2026	132/84	76	7.6	172	98.6	98
Jan 10 2026	128/82	74	7.2	170	98.4	98
Jan 17 2026	126/80	72	6.8	169	98.5	99
Jan 24 2026	124/78	70	6.4	167	98.4	98
Jan 31 2026	118/76	68	5.8	165	98.3	97



VITALS SUMMARY

This section provides a weekly summary of recorded vital sign information for the reporting period. Values displayed represent weekly averages based on documented entries.



VITALS REPORTING STATUS

Vital sign information was documented throughout the reporting period. Representative reporting entries are displayed above as part of the monthly Reporting summary.

MEDICATION SUMMARY

Adherence & Continuity Overview for Reporting Period



This section summarizes medical continuity information recorded during the reporting period, including prescribed medications, documented adherence and reported medication-related updates.

OVERALL ADHERENCE	MEDICATIONS PRESCRIBED	MEDICATIONS TAKEN	MISSED DOSES	ADHERENCE TREND	CONSISTENCY SCORE
94%	3	29	2	CONSISTENT	HIGH



MEDICATION ADHERENCE OVERVIEW MEDICATION DETAILS

Date of Entry	MEDICATION	DOSAGE	FREQUENCY	ADHERENCE (%)	STATUS	NOTES
Jan 31 2026	Metformin	500 mg	Twice Daily	97%	On Record	1 missed dose Reported mild nausea on Jan 8 2026
Jan 31 2026	Amlodipine	5 mg	Once Daily	100%	On Record	No issues Reported
Jan 31 2026	Atorvastatin	20 mg	Once Daily	94%	Dosage Updated	1 missed dose Dosage increased Jan 15 2026

MEDICATION INSIGHTS (NON-CLINICAL)

	GOOD ADHERENCE Documented medication adherence remained above 90% during the reporting period.		NEEDS ATTENTION Two missed medication doses were reported during the reporting period.		MISSED DOSES Total documented missed doses 2.		TRENDS Medication participation remained consistent throughout the reporting period.		SAFETY One medication-related symptom (mild nausea) was reported during the reporting period. No medication-related incidents or reported allergies were documented.
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MEDICATION SUMMARY

Three prescribed medications were documented during the reported period. Two Missed doses were reported. One medication Dosage update and one medication-related symptom (mild nausea) were documented during the reporting



OVERALL STATUS CONSISTENT PARTICIPATION

Medication continuity information was consistently Documented during the reporting period.

LONGITUDINAL CONTINUITY OVERVIEW

Long-Term Engagement & Continuity Intelligence



This section provides a high-level overview of continuity participation, engagement patterns, documented wellness activity and long-term continuity information across reporting periods.

TOTAL
REPORTING
PERIODS



ON RECORD
6

PARTICIPATION
CONSISTENCY



OVERALL
AVERAGE
92%

OVERALL
WELLNESS
IMPROVEMENT



Vs. BASELINE
+18%

SYMPTOM
FREQUENCY
REDUCTION



Vs. BASELINE
-22%

MEDICATION
ADHERENCE



AVERAGE
94%

DOCUMENTS
ON FILE



TOTAL
8

LONG TERM TREND OVERVIEW

WELLNESS SCORE TREND

Month 1: 72%
Month 2: 76%
Month 3: 81%
Month 4: 84%
Month 5: 88%
Month 6: 90%

SYMPTOM FREQUENCY TREND

Month 1: 12 reported symptoms
Month 2: 10 reported symptoms
Month 3: 9 reported symptoms
Month 4: 8 reported symptoms
Month 5: 6 reported symptoms

PARTICIPATION CONSISTENCY TREND

Month 1: 80%
Month 2: 85%
Month 3: 88%
Month 4: 92%
Month 5: 94%



KEY CONTINUITY INSIGHTS

- Six consecutive reporting periods
- Participation consistency remained above 80% throughout all reporting periods.
- Medication adherence averaged 94% across the continuity period.
- Symptom reporting frequency decreased compared to baseline records.
- No continuity gaps were recorded during the continuity period.

CONSISTENCY BY DOMAIN

- WELLNESS TRACKING CONSISTENCY: 95%
- WELLNESS ADHERENCE CONSISTENCY: 94%
- APPOINTMENT CARE CONSISTENCY: 100%
- SYMPTOM REPORTING CONSISTENCY: 88%
- DOCUMENT UPLOAD CONSISTENCY: 90%

LONGITUDINAL OUTLOOK

Continuity participation remains active with ongoing documentation of wellness information, medication, adherence, appointments and health-related updates overtime.

CONTINUITY SUMMARY

Six reporting periods were documented with consistent participation, medication continuity and wellness tracking activity. Continuity records demonstrate sustained engagement throughout the reporting period history.